



REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS



## Administrator's Desk

Telemedicine is a new service at the Skilled Nursing Facility. Curavi telemedicine gives the ability to provide nurses immediate access to provider's after-hours (6p-6a). When a resident has a clinical need or experiences a change of condition, the nurse calls Curavi and immediately speaks to the provider on call. The provider will review the patient's issue with the nurse and provide changes to the care plan and/or orders if needed. If the resident would benefit, they will conduct a telemedicine visit. The telemedicine cart consists of a Bluetooth stethoscope, EKG, cameras and more. This ensures that doctors are getting an accurate representation of the resident. The Curavi provider will send a copy of the medical note and orders to the facility and attending doctor for every visit, ensuring continuity of care. We are excited about the unique addition of care to the residents at Ingleside. Please call or visit my office with any questions. – Kayla Young, NHA

**Mark Your Calendars** for our Annual Family Holiday Party, **Monday, December 9th from 5-6:45pm**. There will be food, fun and entertainment! Please watch your mail for a flyer with additional details.



Our annual **Giving Tree** will be up at the North/West nurses' station later this month. There will be tags with gift suggestions for our residents, ranging from a few dollars and up. If you would like to help brighten the holiday season for our residents, please take a gift tag from the tree. *Purchase the item, wrap it, attach the original gift tag from the tree and drop the wrapped gift off at the front desk or in the Activity Department by noon on December 18th.*

### *Thanksgiving Meal*

**November 28th at 12:00pm**

**Limit 2 guests per resident**

**\$10 per guest**

*RSVP to Dietary at 608-437-9638*

*by November 20th*

### **Thanksgiving Room**

#### **Reservations**

*RSVP to Activities at 608-437-9625*

*by November 25th*



407 North 8th Street, Mount Horeb, WI 53572  
608-437-5511

Kayla Young, Administrator

**Like Us On Facebook**

### **TODAY'S SENIOR LIVING**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

### **Skilled Nursing Events**

- 11/4** Silvertones 10:30am
- 11/11** Steeple Friends 3:30pm
- 11/14** Resident Council 1:45pm
- 11/15** Ingle Spa 10:00am
- 11/20** Birthday Party w/ Jesse Walker 2:00pm
- 11/29** Jeopardy 1:45pm

### **Ingleside's Dementia & Alzheimer's Support Group**

#### **Next Meeting:**

**November 19th at 2:00pm**

Located in Ingleside's Chapel  
Contact Craig Zimmerman for more information. 608-437-9632



**WISCONSIN  
ILLINOIS**  
SENIOR HOUSING INC.

## STANDING OVATION Congratulations Lori Engelhard!

Certified  
Nursing  
Assistant /  
MAA/ Lead

Lori is the  
October  
recipient of  
Ingleside's  
Standing  
Ovation Award.



Lori has worked at Ingleside for more than six years. She is an essential part of our team and helps where needed as a CNA or Med Tech. She ensures the nursing department has the supplies they need and steps in to help with scheduling whenever necessary.

Lori was nominated by her co-workers who say she is "willing to rearrange her schedule weekly to meet the needs of residents and staff" and she's "always willing to help anyone, anytime."

Thank you, Lori for sharing your positivity with everyone you encounter and for going above and beyond for anyone! We appreciate you!

*This award is presented to an employee who does an outstanding job and has gone above and beyond to help residents, families and their co-workers. Employees are nominated by residents, families, co-workers or anyone they may encounter.*

*Everyone is welcome to stop by the Chatterbox to fill out a nomination for next month's Standing Ovation Award.*

## Resident of the Month: Ruth Viola K.

Ruth was born at home on January 18, 1923 to parents Syguart and Hannah. Her family farmed outside of Blue Mounds and raised five daughters; Esther, Clara, Signe, Ruth and Mae. Along with the other girls, Ruth would help her mother with household chores and tend to baby Mae. Ruth learned needlework, cross-stitching and other crafts from her mother. She would also bring pump water to use for the ringer-washer and help hang clothes on the line to dry.

The girls also helped their father with haying and other chores in the barn. The girls enjoyed swimming and fishing in the creek and pond on their property. They were not allowed to go in the water without one of their parents. They attended Ruste School (outside of Blue Mounds), which was named after the family who donated the land for the school.

Ruth was a member of Luther League at Perry Lutheran Church in Daleyville. The League would often have social events for the young adults. Although they were acquaintances; it was at a church dance and double date set up by mutual friends, that Ruth got to know Andres K. Ruth was impressed by the fact that Andres was a very good dancer and an attentive date. She felt they had a lot in common as far as family, friends, work ethic and loyalty. Not to mention they both enjoyed fishing, playing cards and of course dancing. The couple was married on September 18, 1949 at Perry Lutheran Church, where they first met. The newlyweds moved into an upstairs apartment on Andres' home farm. Andres would move on to be a LP gas Serviceman and furnace repair. In 1955 the couple built a home in Mount Horeb, where they raised their son Bob, born in 1951.

Ruth and Andres proudly attended Bob's athletic events and took day trips in the area to visit family and friends while Bob was growing up. The family would also enjoy a vacation in Door County every year.

Ruth worked as a Clerk III for Dane County Hospital and Home, and for Dane County for over 40 years. Ruth had many activities to do in her spare time. Some things she enjoyed were gardening, golfing, sewing, bowling and translating letters from Norwegian into English. Ruth has very fond memories of being in a Bridge Club and playing cards with her dear friends Fran and Essie. Going back to her days growing up, Ruth always had a lovely



singing voice. She and her sisters would sing to the delight of their parents, as Mae played the piano and her father would sometimes join in to play the violin. As an adult she was often requested to sing at parties, weddings, funerals and events in the area. Ruth and Andres would find themselves fortunate enough to make trips to Door County, Oregon, Illinois and Norway.

At Ingleside, Ruth enjoys a variety of activities and is always interested in any musical entertainment or activity based around music. A favorite for Ruth is coloring club and she has even "recruited" her son Bob and his wife Becky to join the club; which they also enjoy.

Ruth is always ready with a kind and sincere expression of thanks for assisting her in anyway. She is more likely to thank you in Norwegian, which is truly endearing; only surpassed by her heartwarming smile.

Ruth's son Bob mentioned that he will always have "fond memories of the wonderful people at Ingleside taking care of my Mom." Bob, it is truly our pleasure!

**ARTIST SPOTLIGHT:**  
Russell N. took 2nd place at  
the Cultural Arts show at the  
Wisconsin Recreational Activity  
Professionals conference.



## Skilled Nursing Recent Happenings Photos



*Pictured: Ruth W. with her owl tote, Thelma M. with her cow and barn, Brandoch P. with his lighthouse, Tom B. with his tractor garden stepping stone, Sandra K. with her color by number lion and Jean H, Bev St. C. and Charlotte L. with the marker quilt.*



*Margaret D., Thelma M., Barb C., Sandra K., Linda B., Diane H., Stephanie B. and Crystal B. spent a day at Henry Villas Zoo. Thank you to Rebecca and Jett who volunteered their time and joined us on this fun event.*

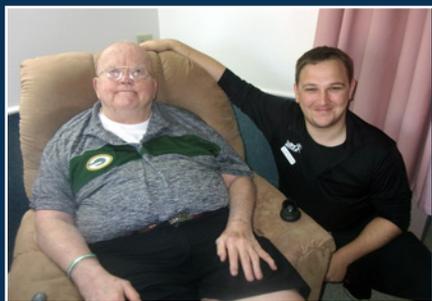


*What a great morning for the Step Forward Give Hope Alzheimer's walk! The Ingle Alz-Starz raised over \$1,300 to go towards the fight to reduce the number of people with Alzheimer's and dementia, with the goal of one day ending those diseases. It was a very successful walk with a total of 47 teams who raised over \$60,000 total!!!*

**Reminder: If you are planning on taking your loved one out for the day, please tell the nurse ahead of time. We are better able to assist in preparation for the trip and have medications ready to send along with you if needed. Thank you!**

## Rehabilitation Success Story

John L. came to Ingleside for assistance with wound care which resulted in decreased mobility and difficulty completing daily tasks with independence. The early weeks at Ingleside were challenging because of the change in surroundings. Through a team approach from ST, OT, and PT John is now independent with most of his daily tasks. He states that his favorite thing about therapy was getting to know everyone, and his proudest moment was getting back his independence. John's progress has been inspiring for everyone in the facility and his advice for current residents undergoing therapy is to just do the best you can.



## Employee Spotlight: Meet Marcus Henry

*Dietary Assistant / Cook  
5 Years of Service*



Marcus grew up in Platteville Wisconsin, population approximately 12,000. He has two sisters; Stormie 17 and Ashley 13. He currently lives in Platteville in his grandmother's house that he is "fixing up". Marcus says the house is pretty much gutted out and he sleeps on a cot for now. Marcus enjoys bowling and playing video games. If you want to find him outside of work, he'll most likely be at the local bowling alley. He also works on his buddy's stock car in Dubuque, but it was wrecked this year, so their racing season is over. Pictured is a photo of Marcus and his tournament bowling team. Below is additional information you may find interesting about Marcus:

**What do you have on your "bucket list"?** To go to Australia and to shoot an 800 in bowling.

**What advice do you have for new employees about working at Ingleside?** To leave outside problems at the door.

**What is your favorite type of music?** Hard Rock.

**What is your favorite mid-night snack?** Life Savers.

**Ten years ago, what did you think you would be doing by now?** I thought I would be an Auto Mechanic.

**Ingleside Wish List:** Ingleside is looking to improve the lives of our residents by purchasing a blanket warmer that could be used after a shower. Blanket warmers are also known to bring comfort and calmness to residents with dementia, PTSD, anxiety and other diagnosis. We are looking to raise funds that will go toward purchasing the blanket warmer. All donations are welcome!



## Assisted Living Events

- 11/8 Kitchen Fun 2:00pm
- 11/16 Birthday Party 2:00pm
- 11/21 Manicures 1:45pm
- 11/25 Bean Bag Toss 6:15pm

## Assisted Living and Residential Care Apartments Recent Happenings Photo Highlights



National Assisted Living Week was in September. The theme was 'Spark Creativity' and the residents did just that. Throughout the week they worked on multiple art projects and had a small art show on Friday at the party. Pictured is some of the art work that was created.



Jeanette R. and Barb C. helped staff Cathy D. prepare for our party for National Assisted Living Week by baking and decorating over 40 cupcakes!

In the month of September the residents and staff went for a scenic drive around Mount Horeb, Blue Mounds and the country roads to New Glarus. Pictured: Katie B., Lois A., Juanita J., Kelly A., Lois I., Vern H., Teresa L., Crystal B. and Russell N.



At the party we took time to take some pictures together with our frame that the residents decorated with silk flowers. Pictured is Summer and Katie B. and Lois A. with Teresa, Georgia and Summer.



Lorraine S. and Family spending some quality time playing cards together

## Residential Care Apartments Events

- 11/1 Gratitude Tree 2:45pm
- 11/7 Craft-Pie Me to Your Door 2:45pm
- 11/15 Baking: Pumpkin Bread 2:45pm
- 11/18 Count your Blessings Reminisce 2:45pm
- 11/28 Macy's Thanksgiving Day Parade Viewing TBD

Newsletter Production by PorterOneDesign.com



Joe S. taking the initiative to stay as strong as possible by doing exercises daily.



Eugene G. soaking up the sun while it lasts on the deck.



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