



REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS



## Administrator's Desk

I am so excited Ingleside Communities is a home to our residents, and we encourage our residents to decorate their rooms in a way that makes them feel at home. It is also a great way for our residents to express themselves. However, our resident's safety is a main priority and

for that reason there are a few reminders for the items brought in for residents' rooms. The following items are not permitted:

- Electronic appliances such as coffee pots, hot plates, heating pads, heaters, small refrigerators etc.
- Throw rugs of any type
- Outlet enhancers, power strips and extension cords

Also, items may not be stored on top of the wardrobe closets at any time. This is because in the event of a fire, the sprinklers cannot reach those items.

If there are any questions about these policies or about an item you are thinking of bringing in, please contact our Maintenance Director, Bob Bentley, 608-437-9637. – Kayla Young, NHA

### Donations needed for the Dane County Alzheimer's & Dementia Alliance Walk Next Month!

The Ingle Alz Stars are in the process of raising funds to benefit the Alzheimer's & Dementia Alliance of Wisconsin by participating in their annual walk. Please join us in supporting this important organization by contributing generously.

It is faster and easier than ever to support this great cause by making your tax-deductible donation online using the link below. If you would prefer, you can send your contribution to the address listed below.

Whatever you can give will help – it all adds up! We greatly appreciate your support and will keep you posted on our progress.

#### Online Donation:

<http://support.alzwwisc.org/goto/ingle>

#### Mail/In Person Donation:

Drop donation off at the Administration desk or mail check made out to Alzheimer's and Dementia Alliance to:

Stephanie Brady  
407 N 8th Street  
Mount Horeb, WI 53572

#### Questions Call Stephanie

608-437-9625



407 North 8th Street, Mount Horeb, WI 53572  
608-437-5511

Kayla Young, Administrator

Like Us On Facebook

### TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

### Ingleside Communities Wish List:

- Used or new ipod shuffles
- itunes gift cards
- Headsets
- Colored Pencils

### Ingleside's Dementia & Alzheimer's Support Group

**Next Meeting:  
August 20<sup>th</sup> at 2PM**

Located in Ingleside's Chapel  
Contact Craig Zimmerman for more information. 608-437-5511

### Skilled Nursing Events

- 8/11** Stepping Stone Craft 1:45pm
- 8/13** Memorial Service 2:00pm
- 8/21** Birthday Party w/ Dick Larson 2:00pm
- 8/23** Luau 10:00am
- 8/30** Jeopardy 1:45pm



WISCONSIN  
ILLINOIS  
SENIOR HOUSING INC.

## STANDING OVATION Congratulations Vicki Bentley!



Vicki is the July recipient of Ingleside's Standing Ovation Award.

Business Office  
& HR Manager  
18 Years of Service

Vicki began her career at Ingleside Communities as an

Administrative Assistant in 2001 and has evolved into a vital asset to the community with her hard work and endless roles. Vicki is our Business Office and Human Resources Manager but spends a lot of time helping in other areas as well.

Vicki was nominated by a colleague who stated that "there are so many examples I could give of her going above and beyond consistently. She wears many hats at Ingleside Communities and plays a vital role in making sure we run smoothly. Day in and day out our staff come to Vicki for guidance and support and Vicki is always available."

Thank you, Vicki for your hard work and dedication every day. Thank you for stepping up for each of our employees and residents. Your hard work does not go unnoticed.

*This award is presented to an employee who does an outstanding job and has gone above and beyond to help residents, families and their co-workers. Employees are nominated by residents, families, co-workers or anyone they may encounter.*

Everyone is welcome to stop by the Chatterbox to fill out a nomination for next month's Standing Ovation Award.

## Brat Sale

We will be hosting a Brat sale at Millers & Son's Supermarket in Mount



Horeb on Saturday, September 7th from 10am-1pm.

Please join us in this important fundraising event!!

**All proceeds raised will be donated to the Alzheimer's & Dementia Alliance.**

## Past Events

*Thank you to Dodgeville German Band for putting on an amazing performance for us! The residents and tenants enjoyed hearing familiar songs that brought back good memories. Thank you again!*



*The Sunshine Arts & Culture Organization put on a beautiful performance for us. Residents and tenants enjoyed watching the dancing and listening to the songs they sang. Thank you to all of them for enriching our lives at Ingleside Communities.*



## Rehabilitation Success Story

Mary W. came to Ingleside Communities following foot surgery and had non-weight bearing status. According to Mary, "there is no place like home" and she was very driven to get home safely and with more strength. At first, Mary's greatest challenge was getting up from a chair without putting weight on her right foot. Mary worked very hard during occupational and physical therapy and made a lot of progress. According to Mary, therapy was a good experience because it helped her get stronger, was full of variety, and prepared her to go home. Our therapy staff continued to work with Mary at home while she regained the ability to bear weight and has continued to be "good and helpful... because being at home is different." Mary is extremely thankful to our therapy staff who helped her return home. She can't wait to take her dog on walks when she makes a full recovery.

### Why are you or your loved one receiving therapy?

*During a hospital stay, you spend a lot of time in bed, which leads to deconditioning. Deconditioning causes muscle loss, decline in cognition, and more difficulty taking care of yourself. Commonly, people lose 2 to 5% of muscle strength per day while being in the hospital, which can cause falls and more difficulty getting around. The goal of therapy is to reverse these effects and make you stronger so that you can do everything you need to do at home safely.*

*Gillis, A & MacDonald, B. (2005). Deconditioning in the hospitalized elderly.*

## Resident of the Month: Rev. Leroy J.



Leroy grew up on the dairy farm of Peter and Gertrude in Fennimore, Wisconsin. Leroy was the oldest child followed by three siblings, Glen, Marilyn and Lorraine. He remembers as a little boy using horses for fieldwork and milking cows by hand. In his spare minutes, Leroy rode his pony, "Bobby", and played with his younger brother, Glen in the calf pen. When he was in high school he drove the family's Ford Model T to Fennimore High.

After high school, he trapped fur-bearing animals and milked cows for other farmers to save money to go to college. As a young man he felt called to become a minister and went to St. Olaf College in Northfield, Minnesota. While there, World War II broke out and with the military needing more chaplains they sent him first to St. Mary's in Winona, Minnesota, and finally to Gustavus Adolphus in St. Peter, Minnesota, where he met Carolyn Rein. Leroy and Carolyn married on September 16th, 1945 and later had five children, Maren, Steve, Marge, Peter and Cynthia.

Leroy completed his studies at Luther Theological Seminary in St. Paul, Minnesota. Leroy wanted to be a missionary to China, but it was closed to foreigners after the war. Instead he served a parish in Pulaski, Wisconsin for two years and then received a call to be a missionary in Japan, arriving in Tokyo in 1950. From 1950 until 1967, he and his family spent time in various cities with furloughs to America to study and tell about his mission work. After a year of language study, he began teaching with an interpreter.

When the family lived in Japan, Leroy wanted his children to remember that they were American Citizens. He used marching band music and patriotic hymns to instill in his children a love for their mother country. He returned to serve in various congregations in Wisconsin in 1967. Leroy later chaired the

Board of World Missions for the A.L.C. (American Lutheran Church). In 1980 he traveled to China, Formosa and Japan. Leroy continued to service his home congregation, Castle Rock Lutheran, until he retired at age 90. Leroy was married to Carolyn for 50 wonderful years. Leroy was then blessed with a second wife, Carol for 20 years. Leroy feels blessed and honored to have had these two great women in his life. In 2013, Leroy finished his career by performing the marriage of his only granddaughter! No matter the location, Leroy has enjoyed gardening. There is an adage that, "you can take the farmer out of the country, but you can't take the country out of the farmer!" So true, he loved working in the soil and nurturing his garden.

At Ingleside Leroy appreciates the gracious and fine care he receives, and he especially appreciates Stephanie and her team with the fun activities they provide. Leroy has 4 grandchildren and 2 great-grandchildren. Many of us remember his wife Carol and her line-dance group, Karol's Kountry Kickers. Both Leroy and fellow resident Charlotte L. were members of the dance group. Each day at Ingleside Communities, Leroy shares his big smile and warm heart with all the staff and residents. We are very lucky to have him as a part of our Ingleside Communities family!

## Artist Spotlight: Beverly S.



## Employee Spotlight: Meet Claudia Temby

Housekeeper – 5 Years of Service



Claudia lives in Mt Horeb and has lived here for most of her life.

She was born in the country of Columbia along with her two younger sisters Heydi and Sandra. When Claudia was 9 years old, Judith and John Temby adopted her and her sisters and welcomed them to their home in Mt. Horeb. *Pictured is a photo of Claudia and her sisters Heydi and Sandra.*

Below are some fun facts about Claudia that you may not know...

**What motivates you to come to work each day?** The residents and the staff. I know I'm needed and do my best when I'm here. When I get a compliment, it makes my day even better.

**When you're not at work where might you be?** Volunteering and doing things around town. I volunteer at the library for the summer pie sale and the winter cookie walk. I volunteer at Ingleside and for Angels Wish, a group that helps homeless cats find someone to adopt them. I also join in special walks like Relay for Life, the Bubble Run, and the Color Walk. I've even done the Crazy Legs Run.

**What is a day you'll never forget?** The day I got to see my birth mother years after I was adopted. We met through FaceTime and it was exciting.

**What is your dream job?** To be a full-time live-in nanny and not have to worry about any bills or anything but taking care of the kids.

**If you could have one super-power, what would it be?** I don't know what it's called, but to travel somewhere in a split second so I could go wherever I want in a blink.

**What would your perfect day be?** To have the temperature be not too hot or cold, to go to a movie or a concert and do nothing all day.

**Would you rather be a tiny elephant or a giant mouse?** I don't like mice, especially their tails. Plus, elephants are gentle giants and that fits for me.

# Upcoming Events

## Ingleside Communities Bake Sale

Throughout the month of August stop into the Chatterbox to buy some goodies! Residents will be making new treats each week in Kitchen Fun for the bake sale, so stop back each week. *All proceeds raised will be donated to the Alzheimer's & Dementia Alliance.*



## 1, 2, 3, 4 We Delcare a Penny War!

Ingleside Communities will be hosting a penny war August 12th-27th to raise money for the Alzheimer's and Dementia Alliance. **Start collecting your coins now!**

**Pennies = Negative Points**

Nickles, Dimes & Quarters = Positive Points

*At the end of the penny war the "winning group" (that has the most points), or loser you could say, will be rewarded for raising the most money with the representatives getting soaked by staff and residents with squirt guns and water splash balls!*

## Assisted Living Events

- 8/5 Sing with Us 10:00am
- 8/7 Bingo 1:00pm
- 8/13 Birthday Party 1:30pm
- 8/19 Kitchen Fun 1:30pm
- 8/20 Hawaiian Party 1:30pm

# Ingleside Communities Recent Happenings Photo Highlights



Laura F., Taylor N. and Charlotte L. enjoying ice cream from our new ice cream shop in Mount Horeb called Icki Sticky.



A group of residents had the opportunity to attend the Music & Memory Matinee featuring the Larry Busch Band at Middleton Performing Arts Center. Above are residents Mary Jane G., Katie B. and Thelma M. enjoying the show.



Betty D., Jane F. and Mary F. having fun making their own music with maraca's.



The whole group getting some exercise in with the parachute.



Margaret D. sorting through the stamps to find the right one for her Father's Day craft.



David G. and Lois A. out on the patio taking in some sunrays!



Dawn W. holding one of the two baby Nigerian goats that visited us.



Katie B. enjoying some cuddles from the baby goat.



Barb C. painting some pictures of cows for June dairy month.



Steve S. making homemade ice cream in a ziplock bag.



Lorraine S. and her milk mustache in honor of June dairy month.



Brandoch P. taking aim at the target for our new nerf gun game.



Ruth W. dancing with some of our little volunteers Hariette and Luella at our birthday party.



Russell N., Vern H., David G., Juanita J. and Barb C. having a little fun volleyball competition.



Eugene G. planting flowers.



Janice M. supervising the planting of flowers and enjoying the sun.

◀ Lorraine S., Joe S. and Roccella A. playing euchre while others watch.

## Residential Care Apartments Events

- 8/5 Ladder Toss 10:00am
- 8/15 Fair Treats 2:45pm
- 8/18 Craft-Suncatchers 1:30pm
- 8/22 Birthday Party 2:45pm
- 8/27 Finish the Song Lyrics 2:45pm

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