



INGLESIDE NEWS

COMMUNITIES

MARCH 2021

REHAB THERAPY • SKILLED NURSING • ASSISTED LIVING • RESIDENTIAL CARE APARTMENTS

Please check our website or call for updated information about our visitation policy.

Masks Are Still Needed



Even if you've been vaccinated, wearing a mask is still necessary.

Experts have not determined when masks will no longer be required. To protect yourself and others, continue to wear your mask, social distance and wash hands often.

More FAQs on the COVID-19 vaccine can be found here: bit.ly/391gem0

Please visit bit.ly/i-wishes to see our WISH List of activity items that can be easily purchased through Amazon and sent directly to us for the benefit of our residents.



Long Term Care Administrator's Week: March 8-12

On any given day our facility Administrator wears many hats. Responsibilities include managing finances, supporting staff, ensuring our residents are well cared for, updating and implementing procedures to comply with changing rules and regulations, creating a fun and comforting culture for the facility so residents and staff have a pleasant place to live and work, and so much more.

The last year has added even more to our Administrator's plate. Even with these increased responsibilities like monitoring PPE supplies, ensuring compliance with COVID-19 reporting requirements, maintaining a safe and healthy environment and organizing vaccination clinics, there's tremendous effort every day to ensure we continue our important work of caring for others. The dedication of our Administrator, supported by an incredible staff, is nothing short of amazing.



March 8-12 is Long Term Care Administrator's Week and we are so thankful for our administrators' leadership efforts. We hope you'll join us in a big "THANK YOU!" to our Administrator for the many dedicated hours spent supporting our staff, residents and families.



407 North 8th Street, Mount Horeb, WI 53572

608-437-5511

Danielle Sigler, NHA, Administrator

Like Us On Facebook

TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org

Be sure to check out the Meet Our Management Team Special Feature inside this newsletter on page 2!

WISH Rising Stars Scholarship

Scholarship Applications due March 30th

WISH scholarships are available to current employees and also high school students in WI and IL who are interested in post-acute care.

Read more about the scholarship and how to apply at bit.ly/wish-scholarship



WISH
Rising Stars



DONATE SAFELY AND EASILY ONLINE:

inglesidecommunities.org/make-a-donation



Get to Know Our Management Team



Danielle Sigler
Administrator
608-470-4099



Jennifer John
*Housekeeping
& Laundry Mgr.*
608-470-4050



Mike Mueller
Dietary Mgr.
608-470-4048



Stephanie Brady
Activity Director
608-470-4017



Scott Rosenthal
*Interim
Maintenance Mgr.*
608-470-4062



**Rosemary
Corbin**
*MDS
Coordinator*
608-470-4040



Judy Mufti
Rehab Director
608-470-4022



Diane Lobner
*Medical Records
& Health Unit
Coordinator*
608-470-4005



Lynda Waldner
Admissions
608-470-4046



Kris Owens
*Administrator
CBRF & RCAC*
608-470-4053



Vitto DiPiazza
HR Manager
608-470-4010



Pat James
*Director of
Nursing*
608-470-4035



Tana Smith
*Asst. Director
of Nursing*
608-470-4036



Kevin Lawrence
*Business Office
Manager*
608-470-4098



Joan Laundy
Social Worker
608-470-4006

Resident of the Month: Janet R.

I was born on a farm just south of Stoughton WI January 12, 1943. My parents, Thomas and Caroline (Lee) Lawrence were sharecroppers. We lived on three different farms while I was growing up, all close to Stoughton. My brother John was born in May 1945.

On our farms we raised tobacco, which requires a lot of hands-on work – sorting plants, hand-planting them in the field, hoeing, harvesting, stringing them up to dry and stripping the tobacco when it was dry. I worked mostly in the house, but also helped out in the fields when needed. I learned to drive a tractor before I could drive a car.

My first three years of school were in a small country school within a mile or two of our farm. There were only 12 students in the whole school. Later we attended the Kegonsa School System when we moved to the second farm just north of Stoughton. I had lots of friends and we have stayed in touch with each other over these many years.

Both my brother and I went to Stoughton High School. I enjoyed high school. My favorite subjects were Science, Biology, Chemistry, Algebra, English and Math. I was particularly good at Math. I had lots of friends in high school. I dated a boy named Bob Wells and we stayed together for many years, eventually marrying. I graduated in 1961 and we had our first baby, Kristi, in December of 1962.

After high school, I was a mother and housewife for many years. Our second child, Ken, was born in December of 1966. Our third child, Bob Jr, was born April 1971. All of my children did well in school and had many friends. They all attended LaFollette High School. My relationship with Bob did not work out, so we were divorced in 1973. At that point it was necessary for me to go to work outside my home.

My first job was working in the kitchen with the

Head Start Program in Madison. I worked there until 1976 when I started working for Karmenta Nursing Home on Milwaukee Street in Madison. This was great for me because I lived right across the street. I was a cook there for 12 years, so I know a lot about cooking.

In 1988 I began working for a tax service in Mount Horeb during tax season and worked full-time for Phillips Distributing Corporation (beverage supplier in Southern Wisconsin), starting in 1989. I actually started another job in 1992 at WPS as a claims processor in the evenings. I worked at one job during the day and then I would go to my other job in the evening. The children were out of the house, so I stayed very busy. I remained with WPS until 1999.

In 1994 I left Phillips Distributing and started work at Household Finance in Madison. I loved this job and stayed there until I retired in January 2005. This was my favorite job of all because I had a lot of customer contact.

In 1978 I was playing cards at the VFW Club on Highway CV in Madison, when I met a wonderful man, Carl Rolfesmeyer. We started dating and were married on October 7, 1978. This completely changed my life. In 1980 Carl adopted all three of my children. Carl and I enjoyed doing so many things together. We played Euchre with our friends in each other's homes, we went out dancing and we attended theatre performances at Wisconsin Dells and the Fireside Theatre in Fort Atkinson. We also enjoyed traveling. We had lots of friends to enjoy these activities with us.

In Oct. 2016 I became very ill with pneumonia and had to be hospitalized. When I was released, I was sent to Willows Nursing Home in Sun Prairie. I stayed there until September 2018. I then moved to Camelot Apartments in Madison, where Carl is living now.



My son, Ken, lives in Wausau, where he works for American Family Insurance. He is married to Vicki Bradford. He has a stepson; Dan Bradford and Ken has two grandchildren – Angela (7) and Jordy (5). My Daughter, Kristi, lives in Kenosha. She is a contractor at an insurance company. She never married. I lost my youngest son, Bob, six years ago at age 43. This was very difficult for me. Parents are not supposed to have their children die first.

In August 2020, I was again hospitalized and needed an assisted living facility. Ingleside was able to take me right away. I have had some mobility issues with sores on my feet, but they have taken good care of me. My kidney issues require that I have dialysis three times each week. Dealing with the COVID crisis has been difficult for everyone. I have been able to stay in touch with Carl and my children, but we are not able to get together.

At Ingleside, I enjoy working on my computer and reading. The food is very good here. Unfortunately, we have not been able to get together with the other residents as much as we life because of the COVID epidemic. I am a people person, so I look forward to the days that I can interact with others more often.

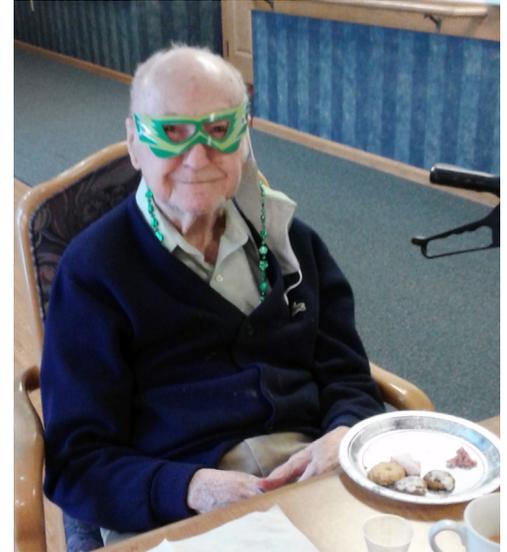
Short-Term Therapy Success Story – Geneva L. was visiting family in Madison when she experienced a heart attack. She came to us here at Ingleside for rehabilitation to improve her endurance, and independence with her daily activity tasks. Geneva says that the most difficult thing for her when she arrived was getting adjusted to things. She worked diligently with therapy through a team approach of physical, occupational and speech therapy and she was able to return to independence with her daily activities, and mobility tasks. Geneva stated that her proudest moment during therapy was “when I was able to climb the stairs and when I knew I was able to return home.” When asked what has kept her going, she said “my desire to return home to Ohio to be with my husband, my family & staff encouragement and the kindness here at Ingleside.” She also said that her favorite thing about therapy was that the therapists were good about education and explaining what she needed to do to get better. Geneva’s advice for others going through therapy is “put all that you can into your therapy and try to do the best you can with what you have. It is so easy not to do the exercises, find good moral support.” The rehab staff at Ingleside are glad to work with Geneva and wish her the best with her rehab going forward.

Sudoku

8	7		6	4	5		
1			8				
		9					
							4
				8			
	4	9	7		2	5	
			7		4	9	2
6			9				1
	2			1	7		6

RCAC Photo Highlights

With appropriate precautions including social distancing communal dining has been reintroduced at the Independent Care Apartments. Tenants even enjoyed a little social celebration with some treats. *Pictured below: Al A., Joann R., Carol G., Rebecca Z. and Eunice B.*



March is Women's History Month

Celebrate women's history this month by expanding your knowledge and sharing interesting historical facts. Their strength can be your inspiration!

To honor those valiant suffragists who refused to be silenced, it's important to remember that only 100 years ago in 1920 women achieved the right to vote. The strength of these women who believed it was their right and their duty to be heard and be represented could not be quashed.

During March, connect via phone, chat, or safe visit with the strong, brave, encouraging women in your life and celebrate together the forward progress women have made and continue to make everyday!

Newsletter Production by PorterOneDesign.com

RCAC March Events

- 3/4 Spill and Spell
- 3/17 Limerick writing
- 3/21 National Quilting Day-Reminisce
- 3/25 Celebrating Spring Craft

Special Days of March

- 3/5 Employee Appreciation Day
- 3/7 Cereal Day
- 3/12 Plant a Flower Day
- 3/14 Day Light Savings Time Begins
- 3/17 St. Patrick's Day
- 3/20 Earth Day
- 3/20 1st Day of Spring
- 3/26 Funny Friday
- 3/30 National Doctors Day
- National Social Work Month